

**Laura A. Jones, CNHP**

*Herb Specialist & Lifestyle Consultant*

**CREATING HEALTH  
BY DESIGN**

*Offering:*

**Lifestyle Analysis  
Kinesiology/Muscle Testing  
Personalized Herbal Programs  
Nutritional Education  
Common Sense Approaches  
to Health  
Herbs & Supplements  
Homeopathic Remedies  
Essential Oils**